



2100 E. Broadway, Suite 200A  
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Phone 573.214.2253 Fax 573.474.5683  
[www.ABLEWellnessCenter.com](http://www.ABLEWellnessCenter.com)

### **Important Phone Numbers**

A.B.L.E.: 573-214-2253, 573-474-5683 (fax)

Suicide Prevention Hotline: 1-800-395-2132 or 1-800-273-8255

Crisis Text Line: 741-741

National Domestic Violence Hotline: 1-800-799-7233

Adult Abuse: 1-800-392-0210

Child Abuse: 1-800-392-3738 (MO) or 1-800-422-4453 (National)

True North Shelter: 875-1370 or 1-800-548-2480

NAMI Missouri Warmline 800-374-2138

Missouri Department of Health and Senior Services – Injury and Violence  
Prevention Unit: 573-6424

LEAD Institute: 888-761-4357 (Hotline) or 800-380-3323 (Deafline)

Mid-Missouri Legal Services 800-568-4931

GLBT Youth Talk: 800-246-7743

Veterans Crisis Line: 800-273-8255